



LUMEN CHRISTI
CATHOLIC PARISH

Share the
GOOD NEWS OF SALVATION

08 MARCH FEBRUARY 2026

THIRD SUNDAY OF LENT, A

Liturgy schedule in our parish

ST FRANCIS XAVIER CATHEDRAL

36 Harbour Street, Wollongong

Monday: Mass: 7am
 Tuesday: Mass: 7am
 Wednesday: Mass: 7am
 Confessions: 11:30am
 Mass: 12.10pm
 Thursday: Mass: 7am
 Friday: Mass: 7am
 Adoration: 11:30am
 Confessions: 11:30am
 Mass: 12.10pm
 Stations of the Cross: 6.30pm
 Saturday: Confessions: 11am—12pm
 Sunday: Mass: 7am, 10.30am & 5pm

ST JOHN VIANNEY, CO-CATHEDRAL

1 Cabbage Tree Lane, Fairy Meadow

Tuesday: Mass: 9.30am
 Sunday: Mass: 8.30am, 4.30pm (Vietnamese)

MATER DOLOROSA CHURCH,

47 Balmoral Road, Balgownie

Sunday: Mass: 10am
 Children's Liturgy (3rd Sunday)

ST BRIGID'S CHURCH

119 Gipps Road, Gwynneville

Saturday: Mass: 5.30pm
 Thursday: Mass: 9.30am
 Sunday: Mass: 9am



SUPPORT
OUR PARISH

Parish Centre

PARISH OFFICE

36 Harbour St, (P.O. Box 874)
Wollongong NSW 2500

OFFICE HOURS

Monday to Friday 8.30am —2.00pm
(Closed for Lunch 12pm—12.30pm)

CONTACT US

02 4211 0500

wollongong@dow.org.au

lumenchristi.org.au

linktr.ee/lumenchristiparish



MAY THEY REST IN GOD'S PEACE...

Thomas Smith, Nadine Alamango, Kathleen McMahon.

**PLEASE PRAY FOR
OUR SICK PARISHIONERS...**

Fr John Pickering, Duc Trong Nguyen, Angela Mosley, Brian Mattock, Jim Lyon, Pat Carr, Teresa George, Chiara Sirianni, Joyce Milan, Noel Meddows, Dianne Hukins, Matthew Johnson, John Gauci, Joseph Scalia, Liesl Caibal.

*"Christ is the
Living Water
who satisfies the
deepest thirst of
the human
heart."*

ACKNOWLEDGEMENT

We show our respect and acknowledge the Traditional Custodians of the Dharawal Country, Elders past, present, and emerging, and extend that respect to all other Aboriginal and Torres Strait Islander Peoples.



OUR

Sacraments

SCAN TO VISIT OUR WEB PORTAL



Welcome to **LUMEN CHRISTI PARISH**

Parish Calendar

- Fri, 13 Mar: Parish Office Closed, Staff Retreat
- Fri, 13 Mar: Stations of the Cross, SFX 6.30pm
- Sun, 15 Mar: Fourth Sunday of Lent
- Sun, 15 Mar: Children's Liturgy 10am, MDB
- Mon, 16 Mar: Anniversary of the Dedication of SFX (2010)
- Tue, 17 Mar: Lenten Reconciliation after SJV, 9.30am Mass
- Tue, 17 Mar: Feast of St Patrick
- Wed, 18 Mar: Baptism Class, SFX 7pm
- Thu, 19 Mar: Feast of St Joseph, Husband of Mary
- Fri, 20 Mar: Stations of the Cross, SFX 6.30pm

Thomas Francis Smith - RIP

Thomas Francis Smith passed away suddenly on Tuesday 3rd March. Tom was a faithful and generous member of our parish whose contribution to the life of the Church extended well beyond what many would have seen.



A professional by vocation, he brought clarity of thought, sound judgement, and a deep sense of responsibility to every role he undertook within the parish. He served on advisory bodies and committees, offering wisdom and practical guidance that strengthened our stewardship.

Having known Tom for almost eight years, I came to appreciate not only his dedication and wisdom, but also his warmth and good humour. He was a joy to be around and loved sharing a well-timed joke. Tom's service was never about profile or position. It was grounded in faith and expressed through quiet commitment. For many years he was a dependable presence in the parish office, willingly assisting wherever needed and supporting the work of the parish with loyalty and care. His integrity, humility, and steady encouragement left a lasting mark on our community.

Above all, Tom was a devoted husband to Mary and a loving father. In this time of grief, we hold Mary and his children close in prayer, asking the Lord to sustain them with His grace and peace. As a parish, we give thanks to God for Tom's life, his friendship, and his faithful service to the Church. May Christ, whom he served with dedication, now welcome him into the fullness of eternal life. "Eternal rest grant unto him, O Lord, and let perpetual light shine upon him." ***Requiescat in pace.***

Fr Bernard

BISHOP OF WOLLONGONG

Most Reverend Brian G Mascord,
Diocesan Bishop

PARISH STAFF

Very Reverend Bernard L Gordon,
Vicar General, Dean of the Cathedral
& Parish Priest

Reverend Cang Tran,
Assistant Priest

Kevin Galea,
General Manager

Leanne Burlin,
Parish Secretary

Patricia Di Leva,
Administration Assistant

WOLLONGONG HOSPITAL
Emergency Calls: 0475 815 506

PARISH COUNCILS

Kathy Uroda,
Chair of the Pastoral Council

Vicky Davidson,
Chair of the Finance Council

PARISH SCHOOLS

Amy Sammut, Principal
St Brigid's Gwynneville

Pauline Chrostowski, Principal
Good Samaritan Fairy Meadow

PARISH EFT BANK ACCOUNT DETAILS

CHURCH ACCOUNT:
DONATIONS & PLANNED GIVING
BSB: 066 711 Account: 008056
Account Name: LC Parish

PRESBYTERY ACCOUNT:
FOR THE CLERGY
BSB: 066 711 Account: 002286
Account Name: LC Presbytery

HOSPITAL CHAPLAIN
Wollongong Public/Private
Phone: 0475 815 506



Welcome Back Fr Cang!

We warmly welcome Fr Cang Tran back from leave and are pleased to have him with us again in our parish community. We hope he had a restful and refreshing break and look forward to his continued ministry among us.

International Eucharistic Congress 2028

The Vatican has announced that Sydney will host the 54th International Eucharistic Congress in 2028. Held every four years, the International Eucharistic Congress gathers tens of thousands of faithful Catholics from around the world to deepen devotion to Our Lord in the Eucharist and to celebrate the life and mission of the Church. Lumen Christi Parish will be hosting some events in the lead-up to and during the Congress — watch this space for further details

Dedication of St Francis Xavier Cathedral

The Anniversary of the Dedication of St Francis Xavier Cathedral is celebrated throughout the Diocese on **March 16**. As the Mother Church of the Diocese, this feast is observed in all parishes, giving thanks for the Cathedral as a sign of unity with the Bishop and the local Church.

On this day, white vestments are worn, symbolising joy and thanksgiving for the dedication of the Cathedral and its ongoing mission as the spiritual heart of the Diocese.

Let us pray in gratitude for our Cathedral and for all who worship within its sacred walls.

Parish Appreciation Mass

Parish Appreciation Mass will be held on **Saturday 21 March 2026 at 5.30pm at St Brigid's**.

This special Mass is an opportunity for us to give thanks to God for the many parishioners who generously serve in the ministries and life of Lumen Christi Parish. Following Mass, we look forward to gathering together in gratitude and fellowship.

Kindly RSVP your attendance by 15 March 2026 by completing the online form at:

lumenchristi.org.au/rsvp.

God is spirit,
and those who worship
must worship in spirit and truth.'

The woman said to him, 'I know that Messiah – that is, Christ – is coming; and when he comes he will tell us everything.' 'I who am speaking to you,' said Jesus 'I am he.'

At this point his disciples returned, and were surprised to find him speaking to a woman, though none of them asked, 'What do you want from her?' or, 'Why are you talking to her?' The woman put down her water jar and hurried back to the town to tell the people, 'Come and see a man who has told me everything I ever did; I wonder if he is the Christ?' This brought people out of the town and they started walking towards him.

Meanwhile, the disciples were urging him, 'Rabbi, do have something to eat'; but he said, 'I have food to eat that you do not know about.' So the disciples asked one another, 'Has someone been bringing him food?' But Jesus said: 'My food

is to do the will of the one who sent me,
and to complete his work.

Have you not got a saying:

Four months and then the harvest?

Well, I tell you:

Look around you, look at the fields;

already they are white, ready for harvest!

Already the reaper is being paid his wages,

already he is bringing in the grain for eternal life,

and thus sower and reaper rejoice together.

For here the proverb holds good:

one sows, another reaps;

I sent you to reap

a harvest you had not worked for.

Others worked for it;

and you have come into the rewards of their trouble.'

Many Samaritans of that town had believed in him on the strength of the woman's testimony when she said, 'He told me all I have ever done', so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, 'Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.'

Communion Antiphon

When read:

John 4:13-14

For anyone who drinks it, says the Lord,
the water I shall give will become in him
a spring welling up to eternal life.

Parish Staff on Retreat

The Lumen Christi Parish staff will be attending their annual in-service this **Friday, 13th March 2026**. The Parish Office will be closed on this day. Masses will be celebrated as usual.



THIS WEEK'S

Readings & Commentary

Entrance Antiphon

Cf Psalm 24:15-16

My eyes are always on the Lord,
for he rescues my feet from the snare.
Turn to me and have mercy on me,
for I am alone and poor.

First Reading

Exodus 17:3-7

A reading from the book of Exodus

Give us water to drink.

Tormented by thirst, the people complained against Moses. 'Why did you bring us out of Egypt?' they said. 'Was it so that I should die of thirst, my children too, and my cattle?' Moses appealed to the Lord. 'How am I to deal with this people?' he said. 'A little more and they will stone me!' The Lord said to Moses, 'Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.' This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, 'Is the Lord with us, or not?'

Responsorial Psalm

Ps 94:1-2. 6-9. R. v.8

(R.) If today you hear his voice, harden not your hearts.

Second Reading

Romans 5:1-2. 5-8

A reading from the letter of St Paul to the Romans

The love of God has been poured into our hearts by the Holy Spirit which has been given to us. Through our Lord Jesus Christ by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. This hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

Gospel Acclamation

See John 4:42. 15

Glory to you, Word of God, Lord Jesus Christ!
Lord, you are truly the Saviour of the world;
give me living water, that I may never thirst again.
Glory to you, Word of God, Lord Jesus Christ!

Gospel

John 4:5-42

A reading from the holy Gospel according to John

The water that I shall give will turn into a spring of eternal life.

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' His disciples had gone into the town to buy food. The Samaritan woman said to him, 'What? You are a Jew and you ask me, a Samaritan, for a drink?' – Jews, in fact, do not associate with Samaritans. Jesus replied: 'If you only knew what God is offering and who it is that is saying to you:

Give me a drink,

you would have been the one to ask,
and he would have given you living water.'

'You have no bucket, sir,' she answered 'and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?'

Jesus replied:

'Whoever drinks this water
will get thirsty again;

but anyone who drinks the water that I shall give
will never be thirsty again:

the water that I shall give

will turn into a spring inside him, welling up to eternal life.'

'Sir,' said the woman, 'give me some of that water, so that I may never get thirsty and never have to come here again to draw water.'

'Go and call your husband' said Jesus to her 'and come back here.' The woman answered, 'I have no husband.' He said to her, 'You are right to say, "I have no husband"; for although you have had five, the one you have now is not your husband. You spoke the truth there.' 'I see you are a prophet, sir' said the woman. 'Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.' Jesus said:

'Believe me, woman, the hour is coming
when you will worship the Father
neither on this mountain nor in Jerusalem.

You worship what you do not know;

we worship what we do know;

for salvation comes from the Jews.

But the hour will come – in fact it is here already –

when true worshippers will worship the Father in spirit
and truth:

that is the kind of worshipper
the Father wants.

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