

Share the GOOD NEWS OF SALVATION

19 JULY 2026

16TH SUNDAY IN ORDINARY TIME , A

Liturgy schedule in our parish

ST FRANCIS XAVIER CATHEDRAL

36 Harbour Street, Wollongong

Monday: Mass: 7am
Tuesday: Mass: 7am
Wednesday: Mass: 7am
Confessions: 11:30am
Mass: 12.10pm
Thursday: Mass: 7am
Friday: Mass: 7am
Adoration: 11:30am
Confessions: 11:30am
Mass: 12.10pm
Saturday: Confessions: 11am—12pm
Sunday: Mass: 7am, 10.30am & 5pm

ST JOHN VIANNEY, CO-CATHEDRAL

1 Cabbage Tree Lane, Fairy Meadow

Tuesday: Mass: 9.30am
Sunday: Mass: 8.30am, 4.30pm (Vietnamese)

MATER DOLOROSA CHURCH,

47 Balmoral Road, Balgownie

Sunday: Mass: 10am
Children's Liturgy (3rd Sunday)

ST BRIGID'S CHURCH

119 Gipps Road, Gwynneville

Saturday: Mass: 5.30pm
Thursday: Mass: 9.30am
Sunday: Mass: 9am



SUPPORT
OUR PARISH

Parish Centre

PARISH OFFICE

36 Harbour St, (P.O. Box 874)
Wollongong NSW 2500

OFFICE HOURS

Monday to Friday 8.30am — 2.00pm
(Closed for Lunch 12pm—12.30pm)

CONTACT US

02 4211 0500

wollongong@dow.org.au

lumenchristi.org.au

linktr.ee/lumenchristiparish



MAY THEY REST IN GOD'S PEACE...

Paula Dingli, Lorraine Rowles, Judy Mason,
Secondo Mancini.

PLEASE PRAY FOR OUR SICK PARISHIONERS...

Duc Trong Nguyen, Maureen Harrison, Lorraine Cook, Jacek McLaurin, Angela Mosley, Brian Mattock, Jim Lyon, Teresa George, Chiara Sirianni, Joyce Milan, Noel Meddows, Dianne Hukins, Matthew Johnson, Pat Carr, John Gauci, Joseph Scalia, Liesl Caiba.

"Mary has
chosen the better
part, which will
not be taken
away from **her**."

— Luke 10:42

ACKNOWLEDGEMENT

We show our respect and acknowledge
the Traditional Custodians of the Dharawal
Country, Elders past, present, and emerging,
and extend that respect to all other
Aboriginal and Torres Strait Islander Peoples.



OUR

Sacraments

SCAN TO VISIT OUR WEB PORTAL





Welcome to LUMEN CHRISTI PARISH

Parish Calendar

- Mon, 20 Jul: Term 3 resumes
 Sun, 02 Aug: Catechist drive weekend 2025
 Sun, 02 Aug: Hospitality weekend
 Mon, 03 Aug: Fairy Meadow CWL Meeting, MDB 2pm
 Tue, 04 Aug: Feast of St John Vianney, School Mass, SJV 9.30am
 Tue, 04 Aug: Finance Council Meeting, Rigney Room 5pm
 Wed, 05 Aug: Anniversary of the Dedication of Co-Cathedral (2011)
 Wed, 05 Aug: Pastoral Council Meeting, Rigney Room 5pm
 Thu, 06 Aug: Transfiguration
 Thu, 06 Aug: Parish Lunch, The Builders Club Wollongong 12pm

Lorraine Margaret Rowles - RIP

Please pray for the repose of the soul of Lorraine Margaret Rowles, who passed away peacefully on Wednesday, 8 July 2026, surrounded by her loving family.



Lorraine was the beloved wife of the charming David, a devoted mother and mother-in-law to Adam and Anne, Matthew and Lea, and Luke and Sarah, and a proud and loving Nan to Nila, Aston, Andy, Ruby and Harry.

A humble and faithful parishioner, Lorraine was a familiar and much-loved presence at St John Vianney Co-Cathedral and Mater Dolorosa Church, where she worshipped with quiet faith and devotion. She will be remembered for her gentle spirit, kindness, warm smile and unwavering love of the Lord. Those who knew Lorraine will also remember her wonderful sense of humour. She often joked with her family that one day she would make the front page of the parish bulletin. Lorraine, your wish has come true!

It was my privilege to assist with Lorraine's Funeral Mass and to commend her to God's loving care. It was an honour to journey with Lorraine's family in prayer and to give thanks for her life of faith and her quiet, faithful witness within our parish community.

We extend our sympathies to David and the entire Rowles family, assuring them of our prayers during this time of sorrow. May the Lord welcome Lorraine into His eternal kingdom, where every tear is wiped away and His faithful servants find everlasting peace.

"Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May she rest in peace. Amen."

Fr Bernard

BISHOP OF WOLLONGONG

Most Reverend Brian G Mascord,
Diocesan Bishop

PARISH STAFF

Very Reverend Bernard L Gordon,
Vicar General, Dean of the Cathedral
& Parish Priest

Reverend Cang Tran,
Assistant Priest

Kevin Galea,
General Manager

Leanne Burlin,
Parish Office Coordinator

Patricia Di Leva,
Administration Assistant

WOLLONGONG HOSPITAL
Emergency Calls: 0475 815 506

PARISH COUNCILS

Kathy Uroda,
Chair of the Pastoral Council

Vicky Davidson,
Chair of the Finance Council

PARISH SCHOOLS

Amy Sammut, Principal
St Brigid's Gwynneville

Pauline Chrostowski, Principal
Good Samaritan Fairy Meadow

PARISH EFT BANK ACCOUNT DETAILS

CHURCH ACCOUNT:
DONATIONS & PLANNED GIVING
BSB: 066 711 Account: 008056
Account Name: LC Parish

PRESBYTERY ACCOUNT:
FOR THE CLERGY
BSB: 066 711 Account: 002286
Account Name: LC Presbytery

HOSPITAL CHAPLAIN
Wollongong Public/Private
Phone: 0475 815 506



Mass for St John Vianney – 4 August

The students and staff of Good Samaritan Catholic Primary School will celebrate the Feast of St John Vianney, Patron Saint of Parish Priests, with Mass at 9.30am on Tuesday, 4 August, at St John Vianney Co-Cathedral, Fairy Meadow.

All parishioners are warmly invited to join the school community for this special celebration as we give thanks for the life and witness of St John Vianney and pray for our priests and for vocations to the priesthood.

Volunteers Needed – St Brigid's

We are seeking more Altar Servers, Readers and Welcomers for the 9.00am Sunday Mass at St Brigid's Church, Gwynneville. If you regularly attend this Mass and would like to serve our parish, please contact the Office.

Parish Appointment – Pauline Chrostowski

We warmly congratulate Pauline Chrostowski, Principal of Good Samaritan Catholic Primary School, on her appointment as Parish Pastoral Engagement Representative – Catholic Schools. In this role, Pauline will strengthen the link between our parish and Catholic schools. We thank Pauline for her generosity in accepting this important ministry and pray that God will bless her in this role.

Couples Preparing for Marriage

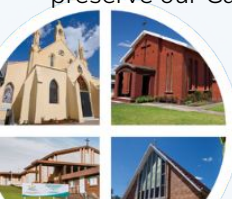
Are you preparing for the Sacrament of Marriage? Fr Bernard Gordon and the Lumen Christi Parish community warmly invite you to a special Mass for Couples Preparing for Marriage at **St Francis Xavier Cathedral Wollongong** on **Sunday, 30 August 2026** at **10.30am**. Whether you are being married at Lumen Christi Parish or elsewhere, you are most welcome to attend. During the Mass, we will pray for all engaged couples as they prepare to receive the Sacrament of Marriage. Please confirm your attendance to assist by visiting: lumenchristi.org.au/rsvp

We look forward to welcoming and praying with you. May God continue to bless your journey together.

Renewal of St Francis Xavier Cathedral

Thank you for your wonderful generosity. Together, we have now raised over \$36,000 towards the restoration of St Francis Xavier Cathedral. Your support is helping preserve our Cathedral for future generations.

To make a donation, visit sfx.org.au/give.



One's heart is breaking with grief for someone close who is very ill or dying. Or one feels a terrible anxiety or anguish. Words don't come easily even though one wants to pray. Stop! Put the person or situation before God and say nothing. The Holy Spirit will express our heartfelt prayer for us.

Perhaps accentuated by the constant messaging of social media, when trying to pray we can get anxious when there is a lull in the noise and no words come.

We could pause for a moment to relax and to allow the Spirit to express our plea in a way which could never be put into words.

Hospital Chaplaincy

Thank you to Sonia Palmieri for her faithful ministry in supporting the Catholic Chaplaincy at Wollongong Public Hospital. We also thank Peter and Laraine Fickers, who will be joining Sonia in this important pastoral ministry. We thank them for their generosity in bringing Christ's presence, comfort and hope to those who are sick and their families. We also express our gratitude to Fr Joseph Pothenparampil, who serves full-time as the Catholic Hospital Chaplain, providing pastoral care and the sacraments to patients and their families across our hospitals. If you know someone who is a patient at Wollongong Public Hospital or Wollongong Private Hospital and would like a visit from a Catholic priest, please call (do not text) on **0475 815 506**.

First Reconciliation and First Communion

Enrolments are now open for the First Reconciliation and First Holy Communion Sacramental Program. To enrol your child and view the program information, please visit: lumenchristi.org.au/sacramental

Welcoming Our Newly Baptised

During the month of July, we joyfully welcome the following children who will receive the Sacrament of Baptism in Lumen Christi Parish: Eden Rose Hamilton, Everson Zoran Keyes, Gabriel Harris Xavier Vincent, Hudson Daniel Crawl, Lacey McCormack, Losesio Ainuu Joshua Mataele, Matilda Grace Newcombe, Melieni Josephine Paulo, Ollie James Bounds, Sofia Rojas, Tala Mayumi Croese, Valentino James De Nobrega, and Vincent Grey Bourke.

Please keep these children, their parents and godparents in your prayers as they celebrate this special occasion. We also pray for all families preparing for Baptism, noting that not all children receiving the Sacrament of Baptism have their names published in the parish bulletin.

"Go, therefore, and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit." Matthew 28:19

THIS WEEK'S *Readings & Commentary*

Entrance Antiphon

Psalm 53:6,8

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

First Reading

Wisdom 12:13.16-19

A reading from the book of Wisdom

In the place of sin, you give repentance.

There is no god, other than you, who cares for everything,
to whom you might have to prove that you never judged
unjustly.
Your justice has its source in strength,
your sovereignty over all makes you lenient to all.
You show your strength when your sovereign power is
questioned
and you expose the insolence of those who know it;
but, disposing of such strength, you are mild in judgement,
you govern us with great lenience,
for you have only to will, and your power is there.
By acting thus you have taught a lesson to your people
how the virtuous man must be kindly to his fellow men,
and you have given your sons the good hope
that after sin you will grant repentance.

Responsorial Psalm

Ps 85:5-6. 9-10. 15-16. R. v.5

(R.) Lord, you are good and forgiving.

1. O Lord, you are good and forgiving,
full of love to all who call.
Give heed, O Lord, to my prayer
and attend to the sound of my voice. **(R.)**

2. All the nations shall come to adore you
and glorify your name, O Lord:
for you are great and do marvellous deeds,
you who alone are God. **(R.)**

3. But you, God of mercy and compassion,
slow to anger, O Lord,
abounding in love and truth,
turn and take pity on me. **(R.)**

Second Reading

Romans 8:26-27

A reading from the letter of St Paul to the Romans

*The Spirit himself pleads for us in a way that could
never be put into words.*

The Spirit comes to help us in our weakness. For when we
cannot choose words in order to pray properly, the Spirit himself
expresses our plea in a way that could never be put into words,
and God who knows everything in our hearts knows perfectly
well what he means, and that the pleas of the saints expressed
by the Spirit are according to the mind of God.

Gospel Acclamation

See Matthew 11:25

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;
you have revealed to little ones the mysteries of the
kingdom.

Alleluia!

Gospel

Matthew 13:24-43

A reading from the holy Gospel according to Matthew

Let them grow together until the harvest.

Jesus put a parable before the crowds, 'The kingdom of heaven
may be compared to a man who sowed good seed in his field.
While everybody was asleep his enemy came, sowed darnel all
among the wheat, and made off. When the new wheat sprouted
and ripened, the darnel appeared as well. The owner's servants
went to him and said, "Sir, was it not good seed that you sowed
in your field? If so, where does the darnel come from?" "Some
enemy has done this" he answered. And the servants said, "Do
you want us to go and weed it out?" But he said, "No, because
when you weed out the darnel you might pull up the wheat with
it. Let them both grow till the harvest; and at harvest time I shall
say to the reapers: First collect the darnel and tie it in bundles to
be burnt, then gather the wheat into my barn."

He put another parable before them, 'The kingdom of heaven is
like a mustard seed which a man took and sowed in his field. It is
the smallest of all the seeds, but when it has grown it is the
biggest shrub of all and becomes a tree so that the birds of the
air come and shelter in its branches.'

He told them another parable, 'The kingdom of heaven is like the
yeast a woman took and mixed in with three measures of flour
till it was leavened all through.'

In all this Jesus spoke to the crowds in parables; indeed, he
would never speak to them except in parables. This was to fulfill
the prophecy:

I will speak to you in parables

and expound things hidden since the foundation of the
world.

Then, leaving the crowds, he went to the house; and his disciples
came to him and said, 'Explain the parable about the darnel in
the field to us.' He said in reply, 'The sower of the good seed is
the Son of Man. The field is the world; the good seed is the
subjects of the kingdom; the darnel, the subjects of the evil one;
the enemy who sowed them, the devil; the harvest is the end of
the world; the reapers are the angels. Well then, just as the
darnel is gathered up and burnt in the fire, so it will be at the end
of time. The Son of Man will send his angels and they will gather
out of his kingdom all things that provoke offences and all who
do evil, and throw them into the blazing furnace, where there
will be weeping and grinding of teeth. Then the virtuous will
shine like the sun in the kingdom of their Father. Listen, anyone
who has ears!'

Communion Antiphon

Psalm 110:4-5

The Lord, the gracious, the merciful,
has made a memorial of his wonders;
he gives food to those who fear him.

REFLECTION by Fr Michael Tate

When words fail

One loves someone so much – a child, a parent, a spouse or
partner – yet when one tries to pray for that person the words
seem only a pale shadow of the intensity of feeling and total
love one feels. Stop! Simply put the person or situation before
God and say nothing. The Holy Spirit will express our heartfelt
prayer for us.

The scriptural quotations are taken from the Jerusalem Bible, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers. The English translation of the Psalm Responses, the Alleluia and Gospel Verses, and the Lenten Gospel Acclamations, and the Titles, Summaries, and Conclusion of the Readings, from the Lectionary for Mass © 1997, 1981, 1968, International Committee on English in the Liturgy, Inc. The prayers are from the English Translation of the Roman Missal © 2010 International Committee on English in the Liturgy Inc. (ICEL). Music and liturgical texts are reproduced and/or streamed with permission under OneLicense A-705872. All rights reserved.

