

# Morning Prayer

Fourth Week of Lent

## INTRODUCTORY RITES

### Introductory Verse

O God, come to our aid.

**O Lord, make haste to help us.**

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end.

Amen. Alleluia.

### Morning Hymn

*Be With Me, Lord (Ps 91)*

Refrain

Be with me Lord when I am in trouble

Be with me Lord I pray

You who dwell in the shelter of the Lord most high

Who abide in the shadow of our God

Say to the Lord my refuge and fortress My God in whom I trust (Refrain)

No evil shall befall you No pain come near

For the angels stand close by your side

Guarding you always and bearing you gently Watching over your life (Refrain)

Those who cling to the Lord Live secure in God's Love,

lifted high Those who trust in God's name

Call on the Lord, who will never forsake you God will bring you  
salvation and joy (Refrain)

Text Psalm 91:1-2, 10-11,14-15: Marty Haugen

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(Link to Morning Hymn <https://youtu.be/67tbFNFqvwk>)

## PSALMODY

### First Psalm

Psalm 117 (118)

## **Song of rejoicing in salvation**

*This is the stone which was rejected by you builders, but which has become the cornerstone (Acts 4:11).*

*Antiphon:* You are my God, I thank you. My God, I praise you.

Give thanks to the Lord for he is good,  
for his love endures for ever.

Let the sons of Israel say:  
'His love endures for ever.'

Let the sons of Aaron say:  
'His love endures for ever.'

Let those who fear the Lord say:  
'His love endures for ever.'

I called to the Lord in my distress;  
he answered and freed me.  
The Lord is at my side; I do not fear.  
what can man do against me?  
The Lord is at my side as my helper;  
I shall look down on my foes.

It is better to take refuge in the Lord  
than to trust in men;  
it is better to take refuge in the Lord  
than to trust in princes.

The nations all encompassed me;  
in the Lord's name I crushed them.  
They compassed me, compassed me about;  
in the Lord's name I crushed them.  
They compassed me about like bees;  
they blazed like a fire among thorns.  
In the Lord's name I crushed them.

I was thrust down, thrust down and falling,  
but the Lord was my helper.  
The Lord is my strength and my song;  
he was my Saviour.  
There are shouts of joy and victory  
in the tents of the just.

The Lord's right hand has triumphed;  
his right hand raised me.  
The Lord's right hand has triumphed;  
I shall not die, I shall live  
and recount his deeds.  
I was punished, I was punished by the Lord,  
but not doomed to die.

Open to me the gates of holiness:  
I will enter and give thanks.  
This is the Lord's own gate  
where the just may enter.  
I will thank you for you have answered  
and you are my Saviour.

The stone which the builders rejected  
has become the corner stone.  
This is the work of the Lord,  
a marvel in our eyes.  
This day was made by the Lord;  
we rejoice and are glad.

Morning Prayer

O Lord, grant us salvation;  
O Lord, grant success.  
Blessed in the name of the Lord  
is he who comes.  
We bless you from the house of the Lord;  
the Lord God is our light.

Go forward in procession with branches  
even to the altar.  
You are my God, I thank you.  
My God, I praise you.  
Give thanks to the Lord for he is good;  
for his love endures for ever.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning, is now, and ever shall be,  
world without end.  
Amen.

*Antiphon:* You are my God, I thank you. My God, I praise you.

## **OT Canticle**

Daniel 3:52-57

### **Let every creature praise the Lord**

*The Creator is blessed for ever (Rom 1:25).*

*Antiphon:* Lord, you can deliver us from the hand of the one who is stronger than we are: save us, Lord, our God.

You are blest, Lord God of our fathers.  
To you glory and praise for evermore.

Blest your glorious holy name.  
To you glory and praise for evermore.

You are blest in the temple of your glory.  
To you glory and praise for evermore.

You are blest who gaze into the depths.  
To you glory and praise for evermore.

You are blest in the firmament of heaven.  
To you glory and praise for evermore.

You who walk on the wings of the wind.  
To you glory and praise for evermore.

May they bless you, the saints and the angels.  
To you glory and praise for evermore.

From the heavens, the earth and the sea.  
To you glory and praise for evermore.

You are blest, Lord God of our fathers.  
To you glory and praise for evermore.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end.  
Amen.

*Antiphon:* Lord, you can deliver us from the hand of the one who is stronger than we are: save us, Lord, our God.

## Second Psalm

Psalm 150

### Praise the Lord

*Sing praise in your spirit, sing praise with your soul, that is: give glory to God in both your soul and your body (Hesychius).*

*Antiphon:* Praise God in his wonderful works.

Praise God in his holy place,  
praise him in his mighty heavens.  
Praise him for his powerful deeds,  
praise his surpassing greatness.

O praise him with sound of trumpet,  
praise him with lute and harp.  
Praise him with timbrel and dance,  
praise him with strings and pipes.

O praise him with resounding cymbals,  
praise him with clashing of cymbals.  
Let everything that lives and that breathes  
give praise to the Lord.

Glory be to the Father and to the Son and to the Holy Spirit,  
as it was in the beginning, is now, and ever shall be,  
world without end.  
Amen.

*Antiphon:* Praise God in his wonderful works.

## WORD OF GOD

### Reading

Nehemiah 8:8,10

This day is holy to the Lord your God; do not mourn or weep. For this day is holy to our Lord; and do not be grieved, for the joy of the Lord is your strength.

### Period of Silence and Responsory

Christ, Son of the living God, have mercy on us.

- *Christ, Son of the living God, have mercy on us.*

You were wounded because of our sins.

- *Christ, Son of the living God, have mercy on us.*

Glory be to the Father and to the Son and to the Holy Spirit.

- *Christ, Son of the living God, have mercy on us.*

## PRAISE AND INTERCESSION

### Canticle of Zechariah

*Antiphon:* Ever since the world began it is unheard of for anyone to open the eyes of a man who was born blind. Only Christ, the son of God, has done this.

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.

He has raised up for us a mighty saviour  
in the house of David his servant,

Morning Prayer

as he promised by the lips of holy men,  
those who were his prophets from of old.

A saviour who would free us from our foes,  
from the hands of all who hate us.

So his love for our fathers is fulfilled  
and his holy covenant remembered.

He swore to Abraham our father to grant us,  
that free from fear,  
and saved from the hands of our foes,  
we might serve him in holiness and justices  
all the days of our life in his presence.

As for you, little child,  
you shall be called a prophet of God,  
the Most High.  
you shall go ahead of the Lord  
to prepare his ways before him,

To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.

He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.

*Antiphon:* Ever since the world began it is unheard of for anyone to open the eyes of a man who was born blind. Only Christ, the son of God, has done this.

## **Intercessions**

Let us glorify God for his wealth of goodness and pray to him through Jesus Christ, who is always living to intercede for us.

*R. Inflame our hearts with your love.*

God of mercy, help us to enrich this day with deeds of kindness; let men know by our actions that we are all one family.

*R. Inflame our hearts with your love.*

At the time of the flood you saved Noah through the ark; grant salvation through water to those preparing for baptism.

*R. Inflame our hearts with your love.*

May we never live by bread alone; give us life by every word you speak.

*R. Inflame our hearts with your love.*

May those affected by disease be strengthened by God's love and comfort: give your life giving grace to those communities affected by the spread of the coronavirus.

*R. Inflame our hearts with your love.*

Help us to avoid all anger and dissension; let us find joy in your peace and love.

*R. Inflame our hearts with your love.*

## **Lord's Prayer**

As sons and daughters of a loving God, we pray in the confident words of his Son:

**Our Father who art in heaven,  
hallowed be thy name;  
thy kingdom come;**

Morning Prayer

thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation  
but deliver us from evil.

### **Concluding Prayer**

Lord God, in your surpassing wisdom  
you reconcile man to yourself through your Word.  
Grant that your Christian people may come with eager faith and ready will  
to celebrate the Easter festival.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you and the Holy Spirit,  
one God, for ever and ever.  
**Amen.**

### **CONCLUDING RITE**

#### **Blessing and Dismissal**

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
**Amen.**